

NRRT 487 Internship Instructions for Writing Your Goal Statement

Your **Goal Statement** must clearly articulate the **professional direction** in which you want to go. The reader (an employer, graduate school, a long-time friend) should be able to understand what your values are and how you plan to incorporate those values into your future by obtaining work that involves them.

Items that **must** be included in your goal statement:

- **First paragraph:** 3-5 **values** from the Soul Search Worksheet that are important to you and why.
- **Second paragraph:** The **actual job** you want to have (be as **specific as possible**, including duties of the job and title if you know it)
- **Third paragraph:**
 - **Where** geographically you see yourself living. If you want to travel constantly and don't see yourself living permanently in any one spot, state the locations where you'd like to travel and live. You must be **as specific as possible**.
 - **What** type of **working conditions/environment** you'd like to be in (including the types of coworkers and/or supervisors you'd like to have).
 - The type of **lifestyle** you'd like to lead (i.e., wealth is important or not important).
 - Whether you see yourself with a **family** (i.e., spouse/partner, children, pets, immediate family members).
 - Any other pertinent information relating to your future.

Format: 1-inch margins, double-spaced, 10-12 point font, proper grammar and spelling. This assignment must be limited to 2 pages.

	Grading Criteria	Points
1	Following directions (margins, line spacing, font size, page length)	1
2	Grammar	1
3	Spelling	1
4	Specific Values	2
5	Specific Geographic Location(s)	1
6	Specific Working Conditions/Environment	1
7	Lifestyle	1
8	Family	1
9	Specific Type of Job	1
	Total	10