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# STUDENT RESOURCE CATALOG



OFFICE OF  
**DIVERSITY  
& INCLUSION**

WARNER COLLEGE OF NATURAL RESOURCES





# INTRODUCTION

Warner College of Natural Resources endeavors to create a community in which the slogan “strength in numbers” is manifested through our words, actions, and relationships to one another. In our efforts to create and maintain an inclusive environment, Warner College intends to be a helpful and reliable resource for students during any and all circumstances they might encounter. To be a truly unified community, we must rely on each other in the midst of adversity and unforeseen circumstances. When such circumstances occur and impede our daily lives, we should remember we are never going through those challenges alone. We all may have instances of being in solitude while being in solidarity with our WCNR community. Therefore, this document aims to provide a clearinghouse of helpful resources to our students on how to manage numerous situations.

Sometimes we do not know what we do not know! Warner College wants to ensure that we expand your knowledge on what the University and College can assist with amid adversity and unforeseen circumstance. This document is a compilation of resources used by your fellow students to gain guidance during the tough moments in life. As you begin to utilize this resource, if there is something that should be added to make our listing more complete, please make those suggestions to our office at [wcnr\\_diversity@colostate.edu](mailto:wcnr_diversity@colostate.edu).



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# ADVISING RESOURCES

Roles and Responsibilities for students and advisors: Please click [here](#) to see roles and responsibilities for Advising at CSU.

## **Academic Village Tutoring (Biology Course - LIFE102):**

They offer drop-in tutoring for chemistry, math, and physics. They offer office hours throughout the semester to provide free individual and small group tutoring for all courses.

- To check their advising and tutoring schedules and mentors, click [here](#).

## **Eagle Feather Tutoring, through the Native American Cultural Center:**

The Eagle Feather Tutoring Program is a free service offering tutoring in-person as well as some hours on-line.

- To check their times and submit a request and reservation, click [here](#).

## **Student Case Management:**

Student Case Management consults with students, faculty, staff, families, and providers to offer guidance in difficult situations such as injury, family crisis, among others on the next best steps.

- To see their Drop-In Hours and schedule an appointment, visit this [website](#).

## **TILT Academic Workshops:**

TILT collaborates with faculty and staff from across campus to provide research-based, classroom-tested seminars and workshops.

- To check their workshops and online academic success videos, visit this [website](#).

## **University Tutoring (Multiple Courses):**

They offer office hours throughout the semester to provide free individual and small group tutoring for all courses.

- To check their diverse list of tutoring courses and schedules, visit this [website](#).

## **Writing Center at Colorado State University:**

An inclusive place where you can engage in conversation about your academic, personal, and professional writing projects.

- To learn more, visit this [website](#).





# BICYCLING MAINTENANCE, EDUCATIONAL TRAINING CENTER, & CAMPUS TRANSIT CENTER RESOURCES

**The Spoke**, a living lab, is Colorado State University's on-campus bicycling maintenance and educational training center servicing our University students, faculty, and staff. The University's living lab is operated by students, where it is their goal to work with each of our customers, sharing knowledge, techniques and best practices on bicycle maintenance, safety, and repairs.

Some of the services they offer include:

- Helping students ship their bikes home through [Ship My Bike Home](#)
- Storing bicycles while students are away from campus through [Bicycle Storage](#)

Visit the website [here](#) for more information about bicycles services for mechanical adjustments and their affordable prices.

## **Campus Transit Center**

Some Transfort Resources can be found here. These resources include [CSU Routes](#), [Dial-A-Ride](#), and [Rider Tools](#). For international students, the International Office also offers some transportation resources. Click [here](#) for more information.



# CSU LIBRARY RESOURCES

## CSU Library Services

CSU Library supports all students, researchers and scholars across the university every day. They prioritize providing information and services online whenever possible and support two physical locations to support community engagement, individual reflection, and accessibility accommodations: Morgan Library and Veterinary Teaching Hospital Library.

On their website under the Services section, CSU library offers these services and more:

- Research help for students
- Interlibrary loans
- Research and scholarship support
- Data management workshops such as Data and Donuts and Coding and Cookies. Please contact Mara Sedlins for more information
- Electronic Theses and Dissertation Information

Additionally, under the Technology section, students can find services such as these below:

- Technology assistance
- Off-campus access support
- Video studio and editing support
- Tech support & computer repair
- Assistive Technology
- Laptop Checkout

For more information and resources, visit the website [here](#).





# CAREER CENTER RESOURCES

## Career Center:

Services offered: Career exploration, job search strategies, resume/cover letter development, graduate school preparation, salary negotiation, and more!

- Career Center Events – A list of upcoming career events on- and off-campus
- Center Website – This is the CSU Career Center's main website.
- Resource Career Center – This is a space for career resources by topic, career interest, and identities/populations.
- Handshake – For jobs/student employment, events, appointment scheduling, etc.

## Resource Center for International Students – A list of resources for our international students

- International Student Career Week – Recordings
- Work authorization in the US (OPT/CPT)
- Resume and cover letter basics
- Job search strategies
- Interviewing and landing the job

## Resource Center, Professional Associations

If interested in learning about or joining a professional association, click [here](#).

## WCNR Career Services Website

Click [here](#) for all career resources as a student in the Warner College of Natural Resources.

## Work Study Employment

If interested in work-study, click [here](#) or connect with the [Office of Financial Aid \(OFA\)](#).



# DIVERSITY AND INCLUSION PROGRAM

## Diversity and Inclusion Resources at Warner College of Natural Resources

These materials are resources intended to support the personal education and enrichment of members of our Warner College community. Warner College strives to provide self-reflection opportunities and education in all the areas that intersect with natural resources, including diversity and inclusion. As a college we are committed to being a resource for students, faculty, and staff seeking to understand more about diverse perspectives to inform their future contributions towards making natural resources fields more diverse and inclusive to all.

Resources provided:

- **Training and Learning Center, Suggested Podcast and Apps, Highlighted Resources, Suggested Research Articles, Suggested Books, Relevant Reports. To check them out, please visit this [website](#)**
- **Student Services for Warner College of Natural Resources**
- **Employment**
- **Natural Resources Professional Society Conferences**
- **First Generation Students - Support Students**
- **Access to Free Webinar to expand your knowledge on Diversity, Equity and Inclusion**

Learn more at the WCNR Office of Diversity & Inclusion on the [website](#).





# GRADUATE SCHOOL RESOURCES

## Graduate School Services

Visit the website [here](#).

In this website under the Graduate Programs section, students can find Certificate, Degree, Master's, PHD Programs, among others that are offered at Colorado State University in an online, in-person or hybrid form for all degrees. Coursework, credit requirements and more information is available in the Colorado State University [general catalog](#).

Additionally, Graduate School at Colorado State University offers workshops and events with content specifically developed for you. These sessions are free and open to graduate students and postdoctoral scholars in any discipline. To look at their calendar please visit their website under the [Professional Development](#) section or click this [link](#).

Likewise, there is a facilitation program housed in Graduate School designed for professional researchers and academic writers who are interested in boosting their productivity as they develop sustainable writing practices open to all writers on campus called [CSU Writes](#). This facilitation program primarily serves faculty, postdoctoral fellows and graduate students who write for publication, submission, and/or degree completion.

For more information on their workshops, retreats and more please visit this [link](#).



# HEALTH AND MEDICAL RESOURCES

## Group and Workshops

- **Skill-Building Group Workshops** – Available for students only, at no additional charge. See full line-up of workshops including descriptions, dates and times on the [Groups and Workshops page](#).
- **Theme Groups**– Call (970) 491-6053 to register.
  - Pre-session screenings are required.
- **Interpersonal Process Groups**

## Multicultural Resources

- **Multicultural Counseling Services**
- **Transgender Care**
- **Mental Health Musings Podcast**

## Health and Medical Resources

A complete guide with more detailed information is available [here](#).

## One-on-One Services

**Counseling Services** – A portion of your student fees (approximately \$53 per student per semester) helps pay for a wide range of mental health support resources, including crisis services, groups, workshops, and brief individual therapy.

If you would like to meet with a counselor, your first step is to come to Counseling Services on the 3rd floor of the CSU Health and Medical Center during drop-in hours:

Monday: 9 a.m. – 3:30 p.m.

Tuesday: 10 a.m. – 3:30 p.m.

Wednesday: 9 a.m. – 3:30 p.m.

Thursday: 9 a.m. – 3:30 p.m.

Friday: 9 a.m. – 3:30 p.m.

\*Important Note: Staffing shortages may impact availability.





## Online 24/7 Tools

- [YOU@CSU](#)
- [SilverCloud Health](#)
- [Nod app – Strengthen your connections](#)
- Mindfulness Apps– [Unwinding Anxiety](#), [Insight Timer](#), [Headspace](#), [Smiling Mind](#), [The Shine App](#), [Liberate Meditation](#), and [Calm](#) are apps that offer many ways to practice and learn about mindfulness to enhance well-being.
- [Financial Wellness Education](#)

## Psychiatry Services and Medication Management

### Wellness and Behavioral Health Consultation

**Medical Services**– Your physical health is a major factor in your overall well-being. Students can access primary care, [dental](#), [optometry](#), [physical therapy services](#) and more through CSU Health Network.

### [Drugs, Alcohol and You \(DAY\) Programs](#)

**Nutrition Services** – Services available to support a variety of student health conditions and needs, as well as resources for those experiencing food insecurity.

**Tobacco Cessation** – Students who are thinking about or are ready to quit vaping, smoking or using tobacco can meet one-on-one with a professional health coach who specializes in tobacco cessation.



# LORY STUDENT CENTER, INTERNATIONAL OFFICE, AND OFF-CAMPUS LIFE

## Lory Student Center Services

The Lory Student Center is here to support you. Whether you are a student, faculty, or a member of the community there are services in place to enhance your Lory Student Center experience.

Please visit their website [here](#) to learn more about them.

## International Office

The Office of International Programs (OIP) fosters cross-cultural understanding through high-impact learning and community engagement in support of CSU's land grant mission. Some of the services offered are:

- Scheduling a meeting with an International Advisor
- Student Employment Opportunities and Social Security Information
- Finance resources such as Financial Aid for International Students, help with U.S. tax forms, among others
- Housing, health insurance and transportation services
- Maintaining an immigration record and various visas categories
- Diverse programs and events





# LORY STUDENT CENTER, INTERNATIONAL OFFICE, AND OFF-CAMPUS LIFE

## Off-Campus Life

Off-Campus Life is committed to continuing to serve the CSU and Fort Collins community's needs during this difficult time. Their office hours are Monday through Friday, 9:00 a.m. to 5:00 p.m.

Feel free to stop by the office in The Lory Student Center, Room 274.

On their website, there is a list of Helpful Resources that includes topics such as rental scam information, lease negotiation strategies, and sublease agreements. Furthermore, to explore more about their services such as housing fairs, rental search, locker rentals, and more.





## PARKING AND TRANSPORTATION SERVICES

Parking and Transportation Services is responsible for the management of parking spaces on campus and residential university areas at Colorado State University.

On their [website](#), students, employees and visitors can find transportation options such as [Zipcar](#), [Groome Transportation](#), [Transfort](#) and services such as [hourly parking and daily permits](#), [residence hall student permits](#), among other helpful options for parking on campus. Please visit their [website](#) for more details.



## RAMS AGAINST HUNGER (RAH)

Operating from The Office of Student Leadership, Involvement and Community Engagement (SLiCE), Rams Against Hunger offers a menu of services that support students, faculty and staff experiencing food insecurity. Services include a food pantry, a meal-swipe program, pocket pantries, and in-person assistance with navigating federal aid eligibility.

Click [here](#) to see more information about their operation hours of operation, availability, and more. Please make sure to visit them with your CSU ID present.

Additional resources are available through our partners at the [Food Bank of Larimer County](#). All members of our community (students, staff and faculty) may access the RAH Food Pantry. We look forward to seeing you in our brand-new location at the CSU [General Services Building](#) (1251 Mason Street).



# STUDENT DIVERSITY PROGRAMS AND SERVICES AT CSU

On this [website](#), there are a selection of programs and services designed to support students in a variety of ways and provide opportunities to successfully participate in, and contribute to, the diverse campus environment. While each office listed may emphasize a specific segment of the student body, services and programs are available to benefit all students at CSU.

Some of the offices being part of the Student Diversity Program and Services are:

## **Student Disability Center [SDC]**

The [Student Disability Center](#) is the campus unit designed to receive requests for accommodation, approve services and coordinate support for students with disabilities to create equitable access to the University's education programs. Please visit their [website](#) for more information.

## **United in STEMM [UiS]**

[United in STEMM](#) is an initiative to institutionalize support, learn of students' needs, and aid in the increase of persistence and graduation rates for nearly 3,000 undergraduate students of color in STEMM disciplines currently enrolled at CSU with multiple and intersecting identities. Intersecting identities for students of color may include, but are not limited to: disability, documentation status, gender identity and expression, religious and spiritual beliefs, and sexual orientation. To register for United in STEMM Events please check out their [website](#).



# SCHOLARSHIPS AND STUDENT LEGAL SERVICES

## Scholarships

There are numerous scholarship opportunities at Colorado State University. Their [website](#), their suggested webpages, and their [Scholarship FAQ](#), are designed by the Office of Financial Aid to help students find, apply for, and hopefully obtain scholarships to attend Colorado State University. Please check their website linked above.

For scholarships and fellowships focused in Warner College students, please check this [website](#) to explore the different opportunities offered.

## Student Legal Services

[Student Legal Services \(SLS\)](#) provides eligible Colorado State University students with a free consultation on most legal concerns. SLS strongly encourages students to contact us proactively, before their legal concern grows.

In their website, linked above, you can fill out a request form for an appointment or call back. For Free Legal Advice offered at SLS it is recommended to take check their [website](#) for eligibility and instruction for making an appointment.



# TAX AND TECHNOLOGY RESOURCES

Please visit this [website](#) for more information about tax forms and their [resources](#) available for students and employees.

For international students, the International Office at CSU offers help and guidance with filling U.S. Taxes forms. Please click [here](#) for more information.

## Technology Services

Technology Support at Warner College is currently providing virtually and in-person assistance. To request support:

Email: [WCNR\\_IT\\_Support@Mail.ColoState.EDU](mailto:WCNR_IT_Support@Mail.ColoState.EDU)

Call and leave a message: (970) 491-5037

### Services offered:

- Software such as [ArcGIS PRO](#) and [ArcGIS Online](#), [Microsoft Office 365](#) including [One Drive](#) (5 TB storage) and MATLAB
- [Computer Labs](#) with [printing](#) and [laptop checkout](#) options. Some of the software available in them are listed [here](#). If needed, [Remote Access](#) is available as well.
- [Filesender](#) available for students and faculty members
- Technical Training through Skillset - please [email](#) them for more information.

Visit their website to check other services by clicking [here](#).



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